

Telemental Health is Now Available at Better Mood Clinic

What is telemedicine?

Telemedicine is the ability to provide interactive healthcare utilizing modern technology and telecommunications. Telemedicine takes place every day on sites that include hospitals, mental health clinics, physician offices, nursing homes, schools, etc. It is the process of sharing information between two locations electronically through two-way, interactive videoconferencing.

If you're familiar with Skype, it's a similar process but with a dedicated video and audio connection. The process occurs in real time, so there are no delays in speech or interactions. Initially you may feel a little awkward but that's only because it's probably new to you. You'll soon find the computer screen becomes transparent to you and it will feel like our doctor is sitting with you in the office.



Are there any advantages to telemedicine?

Telemedicine has several advantages. One advantage is that patients have access to the best doctors, regardless of where they live. Distance is no longer a barrier to good care. Our youth have also grown up in the age of technology; they feel comfortable with it and it is familiar to them. Another advantage is the sense of anonymity afforded by videoconferencing with telemedicine. Many people feel more relaxed and less intimidated speaking to a doctor online. You will not feel rushed or minimized with our doctor who is caring, interested and attentive to your needs.

Who is Dr. Olugbemiga A. Osoba?



Dr. Olugbemiga Osoba is a double board certified adult and child/adolescent psychiatrist and licensed in Georgia. Dr. Osoba attended medical school at University of Ibadan College of Medicine, University College Hospital. He graduated in 1995 and has 17 years experience.

Dr. Osoba has a wealth of experience. For example, he worked 2 years for the Johns Hopkins Medical Institutions, Division of Child and Adolescent Psychiatry in Baltimore Maryland. He was the attending physician and outpatient service supervisor at the Henry Ford Health System, Division of Child and Adolescent Psychiatry, Detroit Michigan before serving as the Medical Director for a year. Dr. Osoba is presently an attending physician for Peachford Behavioral Healthcare of Atlanta; the part time Medical Director for the Breakthrough Recovery Residential Program in Chamblee Georgia as well as serving as a Locums Physician through the Georgia Regional Hospital of Atlanta.

Can Dr. Olugbemiga prescribe medicine?

Yes. If medications are prescribed, your prescription will be electronically sent to your pharmacy. All local pharmacies, with exception of Moody AFB, accept Electronic scripts. If Moody AFB is your pharmacy, your prescription will be ready for you to pick up the next day at the BMCSGA and you can take it to the base pharmacist.

What if I have issues during the night or on a weekend?

We realize not all your concerns may occur during normal business hours. We ask that you tell us as soon as possible of any concerns. We will consult with our physician and advise you or your representative by phone and schedule follow-up appointments as indicated.

Telemedicine is an Exciting New Service for You

We are thrilled to be able to offer you this new psychiatric service and are grateful you are entrusting us to serve you. As always, feel free to ask any further questions of the BMC staff you may have in regards to this new treatment process.